ELEVATION SERIES

PREMIUM CARDIO EQUIPMENT THAT INSPIRES

Elevation Series is the result of superior biomechanics, thoughtful design and an innovative push toward the connected experience.



NATURAL MOTION

The smooth ellipse motion

The smooth ellipse motion of the cross-trainer reduces stress on knees and joints while maintaining a natural feeling body movement.



CONNECTION TO CARDIO

Three choices of consoles keep exercisers engaged and motivated. Each console has Bluetooth® compatibility, allowing users to track workouts with LFconnect or compatible Life Fitness mobile apps.



ASSET MANAGEMENT

Connected consoles ensure that facilities have the data they need to drive engagement and prolong equipment life.



COLOR CHOICES

Choose from Arctic Silver, Titanium Storm, Black Onyx or Diamond White to find a color that best fits your facility.



459 lbs (208 kg)

MAX USER WEIGHT:

400 lbs (181 kg)

DIMENSIONS (LXWXH):

88.1 x 30.7 x 65" (224 x 78 x 165 cm)



ELEVATION SERIESELLIPTICAL CROSS-TRAINER

SPECIFICATIONS

TECHNICAL SPECIFICATIONS	
Power Requirements† (Voltage may vary outside U.S)	AC power line 115 volt, 15 amp circuit
Pedal Spacing	2.8" (7.1 cm)
Size (L x W x H)	88.1 x 30.7 x 65" (224 x 78 x 165 cm)
Unit Weight	459 lbs (208 kg)
Maximum User Weight	400 lbs (181 kg)
ENTERTAINMENT	
Interactive Courses†	•
Streaming Entertainment Apps (Discover SE3 HD and SE3 only)	•
Goal Workouts: Time, Distance, Calories, Heart Rate, Flat, Hill, Rolling Hills, Random, Starter Interval, Aerobics, Reverse, Climb***	•
Fitness Test Protocols: Life Fitness Fit Test, Navy PRT	•
CONNECTIVITY	
Networking Capabilities: CSAFE-Ready	•
Internet Via CAT6 or CAT5e (Shielded Recommended)	•
Wireless Connectivity: IEEE 802.11a/b/g/n (Standard for Discover SE3 HD and SE3 only)	•
Bluetooth® Connectivity	•
NFC Connectivity (Discover SE3 HD and SE3 only)	•
RFID Connectivity	0
SERVICE	
LFconnect Asset Management	•
Open Platform with App Developer Website	•
Flash Programmable via USB Stick	•

PRODUCT FEATURES	
Heart Rate Monitoring [†] : Polar® Telemetry and Bluetooth ^{®†} Heartrate (optional chest strap required), Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital signal processing)	•
Console Options: Discover SE3 HD, SE3, SI, Explore	0
Attachable TV System (For Discover SI and Explore)	0
Oversized Non-Slip Pedals	•
20 in. (50.8 cm) Stride Length	•
26 Resistance Levels	0 - 25
At-Your-Fingertips Resistance Controls (Located on moving handlebars)	•
Front Wheels for Easy Mobility	•
Frame Color Options: Arctic Silver, Black Onyx, Diamond White, Titanium Storm	0
Headphone Jack	3.5 mm stereo
WARRANTY**	
2-year limited warranty on all mechanical and electrical components	•
1-year labor	•
Attachable TV System* for Discover SI and Explore: 2-years electrical and mechanical parts; 90 days labor	•



The Elevation Series Elliptical Cross-Trainer transforms any exerciser's workout with several console choices and entertainment options. It combines a natural feeling stride, oversized pedals for safety and control, and an engaging digital platform.



PREMIUM CARDIO EQUIPMENT THAT ENGAGES AND ENTERTAINS

The Elevation Series includes treadmills, cross-trainers, PowerMill climbers, FlexStrider variable-stride trainers, and Lifecycle upright and recumbent bikes.

CONSOLE OPTIONS

The Elevation Series includes four console choices:



DISCOVER SE3 HD CONSOLE



DISCOVER SE3 CONSOLE



DISCOVER SI CONSOLE



KEY | • STANDARD • OPTIONAL *

EXPLORE CONSOLE

LifeFitness.com/ElevationSeries

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- * Optional features are available at an additional charge.
- ** Warranties outside the U.S. may vary. Specifications subject to change.
- *** Climb available only for Discover SI and Explore
- † Discover SE3 HD, SE3 and SI only

